LESSON UPDATE FOR THE YEAR 2017 Level 2

01/21/2017

Good habits and behavior

Practice Sri Lankan Independence Day song " Me rata Mage rata".

02/04/2017

We celebrated the 69th Sri Lankan Independence Day. It was a great success with many of the students presenting material on Independence Day and Sri Lanka.

03/04/2017

Nalapana jataka - read &discuss the story Good behavior - discuss about helping at home as part of good behavior

Homework: Complete the chore chart

04/01/2017

Lesson 12 Respect

What is Respect and how we show respect to ourselves as well as others

Discussed the Avurudu Day

Practice Vandanā Gāthā at home and keep filling out the sheet

04/29/2017

Good deeds and their benefits Review of Vesak Day and its importance

Made mini Vesak lantern

The second half of the school was spent practicing for the Vesak Celebrations scheduled for May 20th.

06/17/2017 and 06/24/2017

Parents and children Review Vandanā Gāthā Lesson - Salikedara Jatakaya Worshiping my mother Work on Respect Poster

08/05/2017

Introduction to meditation Learning to still your body Different ways of improving concentration and memory Home work: Practice breathing meditation during the week. Students can choose their own time; work on a creative work to improve concentration.

09/09/2017

My five senses

Sight, Sound, Smell, Taste and Touch

-Learn about my five senses and how we see get information

Created a brochure

Keep practicing Vandanā Gāthā @ home and bring the filled out forms on the next Dhamma School day.

09/23/2017

Going back in time!

We went back 2600+ years to India and got to know the family of the Buddha.

Making the family tree of the Buddha

Ask your child who she/he was and what their character's relationship to the Buddha.

Home work: Work on the Vandanā Gāthā worksheet, fill out your own family tree.

10/14/2017

We continued with last class theme

The students had to become clue hunters in figuring out answers to fill a review paper. This is a pre curser to their year-end assessment. If your child was absent and need a copy of to review *please send an email to the Dhamma school email with ""request level2 review"" as the subject and a copy will be emailed to you*.

The story of the deer, woodpecker and tortoise

Discussed the value of friendship

Home work: Write two sentences on friendship. First sentence - what qualities do you like in a good friends.second sentence - why do we need friends? This should be done in the green papervrhat came home with the kids

Keep practicing Vandanā Gāthā.

10/28/2017

We did the second part of the review

We will have our year end assessments on Nov 11th.

Year-end assessment will determine the effectiveness of our communication. The students will answer questions from all the lessons we have learned so far. They got this!

Home work: Please go over the review sheets.

Turn in any Gatha practice sheets that have been completed before the end of the year

11/11/2017

Assessments held.

Part 2 of the assessment was sent out last Tuesday. E-mail assessment are to be submitted on or before 11/26th